

IF YOU PLAN TO:	IF YOU PLAN TO:	IF YOU PLAN TO:	IF YOU PLAN TO:	IF YOU PLAN TO:	IF YOU PLAN TO:
<ul style="list-style-type: none"> <li>• Become a physical education teacher</li> <li>• Work in the field of recreation or leisure</li> <li>• Become an athletic director</li> </ul>	<ul style="list-style-type: none"> <li>• Become an athletic trainer or work in sports medicine</li> <li>• Work in a clinical setting working with patients</li> <li>• Become an exercise physiologist</li> <li>• Work as a fitness director/ coordinator</li> <li>• Become a strength and conditioning coach</li> <li>• Work towards becoming an occupational therapist</li> </ul>	<ul style="list-style-type: none"> <li>• Become a health educator</li> <li>• Work as a health / wellness coach</li> <li>• Work as a director of wellness programs</li> <li>• Work as a health consultant</li> <li>• Work as a fitness director/ coordinator</li> </ul>	<ul style="list-style-type: none"> <li>• Work independently as a personal trainer</li> <li>• Work at YMCA/health club</li> <li>• Be a personal trainer</li> <li>• Work in strength and conditioning</li> <li>• Become an exercise specialist / fitness instructor</li> </ul>	<ul style="list-style-type: none"> <li>• Work in the field of health and wellness promotion</li> <li>• Motivate people toward optimal health in various public and private organizations</li> <li>• Organize health and wellness programs for corporate businesses</li> </ul>	<ul style="list-style-type: none"> <li>• Coach in the NYS Public School system (interscholastic sports)</li> </ul>
<p align="center"><b>CHOOSE THE A.A. in Physical Education Studies</b></p>	<p align="center"><b>CHOOSE THE A.S. in Exercise Science</b></p>	<p align="center"><b>CHOOSE THE A.S. in Health &amp; Wellness</b></p>	<p align="center"><b>CHOOSE THE Fitness Specialist Certificate</b></p>	<p align="center"><b>CHOOSE THE Worksite Health Promotion Certificate</b></p>	<p align="center"><b>CHOOSE THE Coaching Certificate</b></p>
<p>This is a program meant for transferring into a physical education or kinesiology baccalaureate program.</p> <p>Top transfer schools are (but not limited to) SUNY Cortland, Brockport and Sage Colleges of Albany.</p>	<p>This is a program meant for transferring into an exercise science baccalaureate program.</p> <p>There is a capstone course (EXER 200) in this degree where students will have an opportunity to do an internship with a local fitness facility to gain hands on experience. Local sites include, but are not limited to; RPI, Siena, St. Peter's Cardiac Rehabilitation Center, Top Form, Vent Fitness, YMCA.</p>	<p>This is a program meant for transferring into a health and/or wellness baccalaureate program.</p> <p>The outlook for health and wellness is excellent, with jobs expected to grow at the faster-than-average rate through 2024, according to the Bureau of Labor Statistics.</p> <p>Students will be taught by a Certified Health Education Specialist (CHES).</p>	<p>This certificate is 25 credits and will prepare you for the work force. Opportunities will be entry-level jobs.</p> <p>This certificate is financial aid eligible.</p> <p>There is an opportunity to do an internship with a local fitness facility to gain hands on experience.</p> <p>Upon completion, graduates have obtained employment at Regeneration, YMCA, Corvino Performance, Top Form, Vent Fitness, to name a few.</p>	<p>This certificate is 24 credits.</p> <p>With proper planning this certificate can be completed entirely online. (One day on campus is required for the course HTLH 152.)</p>	

